

Shoe Care Instructions

Footwear dispensed by Prosthetic & Orthotic Solutions, LLC. is designed for durability and comfort. To maintain this, we recommend the following steps.

Shoe & Insert Break-in Period

- Wear your new footwear & inserts for 1-2 hours in your home, preferably on carpeted surfaces.
- Inspect your feet for any redness.
- If redness persists, consult your shoe fitting and/or health care professional.
- If no redness appears, wear your shoes around your home for one to two days while periodically checking your feet for redness or uncomfortable rubbing.
- If they are comfortable, they are ready to be worn outside!

Cleaning & Polishing Leather Shoes

- Leather shoes should be regularly cleaned and polished.
- First, remove any dust or dirt with a damp cloth or soft brush.
- Cream based polish is recommended.
- Apply shoe polish with a clean dry cloth or soft brush.
- Allow polish to dry, brush to finish using a soft brush and/or buffing cloth.
- Follow the shoe polish manufacturer's directions.
- Do not machine wash.

Cleaning & Caring for Nubuck/Suede Shoes

- Use All Protector or suede cleaner for shoes.
- Remove any dust or dirt with a soft suede brush or cloth.
- Do not machine wash.

Cleaning & Caring for Stretch or Lycra Shoes

- Remove dust or dirt with a soft cloth dampened with well-diluted mild soap and water.
- Allow to dry naturally.
- Do not machine wash.

Your shoes have been selected for you by foot care professionals. They care about your foot health. As everyone's feet are different, you should always take the time to be fitted professionally. By following these recommended tips, your footwear will maintain its durability and comfort.